



Carol Sullivan Cowan

April 14, 1942 - August 15, 2025

Carol Sullivan Cowan, 83, passed away peacefully surrounded by her family on August 15, 2025, in Sarasota, Florida. She was born on April 14, 1942, in Syracuse, New York, to the late John Leon and Margaret "Peg" Sullivan.

At the age of three, Carol moved with her family to Sarasota, where they became devoted members of St. Martha Catholic Church. She attended St. Martha Catholic School and was proud to be part of its first graduating class. Over the years, Carol remained active in her faith community, attending Incarnation Catholic Church during her marriage and later, St. Patrick Catholic Church.

Carol gave generously of her time and heart to several community organizations. She was involved with the St. Vincent de Paul Society Conference at Incarnation Catholic Church, the Sarasota Sailor Circus, Boy Scouts of America Troop 103, and a proud member of the Beta Sigma Phi International Sorority. Alongside her late husband, Bruce Milton Cowan, she co-owned Pillow Talk of Sarasota, a well-loved local decorating business.

In her later years, Carol resided at 81 Oaks Senior Living Center, where she found joy in simple pleasures—working on word searches, playing cards and bingo, and enjoying good conversation (especially if mint chocolate chip ice cream was involved).

Carol is survived by her loving family: daughter Tammi Peters and husband Jason; son Eric Cowan and wife Heather; and her cherished grandchildren Alli (Travis) Warren, Madi (Bryce) Lunsford, Riley Cowan, Ryan Peters, and Kelly Peters. She also leaves behind her dear cousins Patty O'Leary, Kathy Klamm, Bill Britt, and Mary Ann Soligon.

She was preceded in death by her parents and her beloved husband of 31 years, Bruce Milton Cowan.

A Memorial Mass will be held on Saturday, August 23, 2025, at 1:00 PM at St. Patrick Catholic Church, 7900 Bee Ridge Rd., Sarasota, FL 34241. Interment to be held at a later date in the Memorial Garden at Incarnation Catholic Church, where Carol will rejoin her husband, Bruce.

In lieu of flowers, memorial contributions may be made to:

- St. Vincent de Paul Incarnation Conference 2929 Bee Ridge Road, Sarasota, FL 34239 Checks payable to "SVDP" in memory of Carol Cowan
- Father Connie Dougherty Memorial Scholarship Community Foundation of Sarasota County 2635 Fruitville Road, Sarasota, FL 34237 www.cfsarasota.org Memories and condolences can be left at MFHCares.com

Carol's warmth, wit, and unwavering love for her family and faith will be remembered always.

Previous Events

Funeral Mass

AUG **23**. 1:00 PM (ET)

St. Patrick's Catholic Church
7900 Bee Ridge Road
Sarasota, FL 34241

Tribute Wall

MM

“ Marilyn M. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carol Sullivan Cowan.

Marilyn M. - October 10, 2025 at 05:46 PM

JG

“ Carol was like a sister growing up as next door neighbors from the age of 8 years through high school. She was always there for me and was my maid of honor at my wedding I'll miss my wonderful caring fun loving friend 🙏😭💛💛
Judith Meyer Gaye

Judith Gaye - August 22, 2025 at 10:53 AM



“ Arrive in Style was purchased for the family of Carol Sullivan Cowan.



August 22, 2025 at 10:48 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carol Sullivan Cowan.

August 22, 2025 at 10:48 AM

JG

“ Judith G. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carol Sullivan Cowan.

Judith G. - August 22, 2025 at 10:43 AM

LJ

“ Love, Mickey and Mary Jones purchased the Peaceful White Lilies Basket for the family of Carol Sullivan Cowan.



Love, Mickey and Mary Jones - August 21, 2025 at 10:52 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Carol Sullivan Cowan.



August 21, 2025 at 02:07 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carol Sullivan Cowan.

August 21, 2025 at 02:07 PM

TF

“ *The DAAL Family purchased the Simply Elegant Spathiphyllum for the family of Carol Sullivan Cowan.*



The DAAL Family - August 20, 2025 at 09:23 AM



“ *Peaceful White Lilies Basket was purchased for the family of Carol Sullivan Cowan.*



August 18, 2025 at 12:54 PM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carol Sullivan Cowan.*

August 18, 2025 at 12:54 PM

SL

“ *Sally Phillips and Gilbert Lage purchased the Crystal Cross Bouquet for the family of Carol Sullivan Cowan.*



Sally Phillips and Gilbert Lage - August 18, 2025 at 09:14 AM

PS

“ As a former next-door neighbor of Carol and Bruce, we shared many fun evenings together. I remember all the fun nights of playing canasta. There were those special times with Carol when we belonged to Sigma Beta Phi and the dances and celebrations. When my kids were little and they couldn't locate me in the backyard they would run next-door for help and Carol was always ready to give them a hug. Dear sweet friend I will miss you.

Patty Sewell - August 17, 2025 at 05:52 PM

FG

“ Having known Carol (and Bruce) since the early 1970s can be counted as an unforgettable highlight in my lifetime. Always ready to party, have fun and help anyone in need. Special people and among God's finest! It was an honor to have been befriended by them. Rest in peace dear friends.

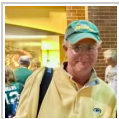
Frank George - August 17, 2025 at 05:13 PM



“ I always enjoyed Carols sense of humor...She is such a bright, and cheerful soul....However, she never did pay me the \$20 bucks she owned me.

Carol, this isn't over....I'll catch on the other side....🙏🏻🙏🏻
Tom LaFave ❤️

Thomas LaFave - August 17, 2025 at 12:26 PM



You...🙏🏻

Thomas LaFave - August 17, 2025 at 12:30 PM

JF

Carol and Bruce were bright spots for me when I became involved in Troop 103 Scouting. See both of you on the other side.
James C Fetterman

James C Fetterman - August 19, 2025 at 10:21 PM

KK

“*God rest Carol’s beautiful soul! Carol was our “special” cousin from Florida and we always looked forward to her yearly visits down through the many years! She was always joyful and looked forward to my Mom, Viola Britt’s cooking! They were the best of times, always enjoying laughter and love with her family and our friends! Years have taught us all how important family and close friends truly are! May Tammie and Jason, and Eric, and their families share and remember the beautiful memories of a life well lived! May Carol rest in peace and enjoy her beautiful reunion with her husband Bruce and her Mom and Dad, Peg and John! What joy that will bring to all. God bless and my
Love and sympathy to all of her beautiful family.
Kathy Klamm, Syracuse, New York*

Kathy Klamm - August 17, 2025 at 11:54 AM